

**Contact Lens Informed Consent**

Your eyes will feel more comfortable and your contact lens life span will be maximized if you take proper care of your lenses. We will recommend solutions for cleaning, disinfecting, and storing your contact lenses. There are many types and brands of solutions available. Unfortunately, some solutions on the market may irritate or damage your eyes or contact lenses; therefore, we recommend that you not change solutions without checking with our office first.

*Please read the following carefully and sign at the bottom of this form or the Intake Form to show your understanding of the responsibilities that go along with successfully wearing contact lenses:*

- I understand that the use of contact lenses is not without risk and that a small percentage of individuals wearing contact lenses (especially, but not exclusively extended/continuous wear lenses) develop potentially serious complications that can lead to permanent severe eye damage and/or vision loss to the point of blindness.
- I understand that I should remove my lens **immediately** if I experience any significant eye irritation, pain, redness, watering of the eye or discharge, cloudy or foggy vision, sensitivity to light, decrease in vision &/or suspect something is wrong. I should call my eye doctor immediately if these symptoms do not resolve shortly after removing the lens, and not re-insert the lens or a new lens until my eye doctor has carefully checked my eyes and lenses.
- If contact lenses are fit with the intention of slowing the progression of myopia (nearsightedness), either with ortho-keratology/overnight rigid gas permeable contact lenses or with soft bifocal/multifocal contact lenses, I understand that fitting contact lenses in this manner and for this purpose is off-label. And even though many studies have indicated that fitting contact lenses in this manner is likely beneficial in slowing the progression of myopia, I understand that a slowing of myopia progression may not occur in my (or my dependents) case, and may or may not have an additive effect with Atropine 0.01%.
- I have received, read and understand the **Contact Lens Instructions/“Contact Lens Do’s and Don’ts”** handout. Any questions I have regarding contact lens wear have been answered to my satisfaction. I understand that regular follow-up visits are essential and that it is my responsibility to schedule and keep follow-up appointments.

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Signature of Patient                      Date                      Signature of Guardian

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Print Name    Print Name of Guardian

Recommended Cleaning and Storing Solution for Soft contact lenses is usually **Opti-Free PureMoist** Multi-Purpose Disinfecting Solution. Other good choices are **RevitaLens** or **BioTrue** Multi-Purpose Disinfecting Solution. A good hydrogen peroxide-based system is **Clear Care**, but follow the directions so the hydrogen peroxide completely neutralizes. For Rigid Gas Permeable contact lenses, good choices are **Boston Simplus** Multi-Action Solution or **Boston Advance** Daily Cleaner & Conditioning Solution.

(If there is any sensitivity or allergic reaction to any component of any cleaning, storing or rewetting solution or drop, stop using the product and consult with our office.)